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# Express Success with help from Heaven



Clear Your Past  
and Change Your Future

Spiritual Healing & more for Personal and Business

## Joyful News - September 18, 2015

### Dr. Joy S. Pedersen



Joy S. Pedersen, Founder of Express Success LLC, is a Licensed Spiritual Healer, Certified

Spiritual Health Coach, Certified Law of Attraction Practitioner, ordained minister and Doctor of Divinity as well as a noted business consultant and networker with a celebrated international clientele.

She works closely with individuals and businesses of all sizes over the phone to overcome their challenges with money, relationships, career, business, health and well being.

Using both 21st Century technological advances and established, time-honored spiritual techniques, her work includes clearing negative memories, energy, property and karma. Her gifts bridge the gap between heaven and earth and all time and space.

She is a spokesperson for heaven and shares those messages on the Express Success blog. She authored the book [Wisdom of the Guardian: Treasures From Archangel Michael to Change Your Life](#). She was also a contributing author to Big Bold Business. Her chapter addresses how your subconscious is either supporting or sabotaging your success.

Her pro bono work focuses on a global peace and prosperity initiative healing the cause of the imbalances of life to the atrocities affecting all.

### What the problem?

**It appears many people are particularly challenged these days. Why is that?**

You just have to turn on the news to see the problems people are experiencing in the world. But, what of your problems? What about the problems you see your family and friends experiencing? Are you noticing more problems than usual? Some are. Why is that?

This is a unique time in history. The world is transitioning to be in the light. What is the light? The light is the source energy that created, ignited and lighted all that is. Some call it source, universe or God. Whatever the name, the energy of it is of light.

**More light is being poured into the planet right now than ever before.** That light is raising the vibration of all here. As the vibration is lifted, the lower energies or darkness is dislodging, and lifting off. Those lower energies contain negative memories and emotions that are then being felt by those who held them. Also, people are feeling those energies that others, including inanimate objects and the earth are releasing.

People are becoming more agitated by those energies if they are not just readily released. Some people absorb the energies of others. Some are experiencing their own memories and emotions surfacing. Not realizing these old memories and emotions are coming up to just be released, they are sometimes becoming engaged with them and operating from them or reacting to them.

**Whatever thoughts and feelings we have within us, we attract.** As these memories surface, they attract other similar vibratory experiences. We often don't realize the old emotions and memories we are carrying within. By letting them release, they no longer wreak havoc on us.

In my work, I see back to the beginning of time. I can ascertain where the originating challenges are coming from. You would be amazed at how old some of the causes of challenges may be coming from and are still negatively affecting us. When we let go of the old negative memories, emotions and karma that is within us and our ancestral programming that is within us, we can set ourselves free and attract better results.

Fortunately, I can help identify and heal those issues as they come up for my clients. I have been actively clearing the cause of those same issues affecting humanity as a whole. You can hire someone like me to assist you releasing these contributing memories and emotions that are currently wreaking havoc on you and others in your life. (I heal others such as family also through clients.)

But, if you want to do this on your own, notice when something negative is surfacing as a memory. Even if you don't know what the exact memory is, choose to let it go in that moment. If you hold onto it, it will build energy and momentum and attract less than preferred outcomes. By staying in the moment and not allowing your past to seep into the present, or the concern for the future to also influence the moment, the moment you are in will be more elevated attracting better results.

**It is a moment-by-moment exercise to stay present.** It can be tedious in the beginning until you build that muscle, as well as have let go enough of the negative to make it more easy to do. It was through my own identifying the old, outmoded and negative and letting that go for myself that my life became effortless. It is easy for me to stay in the moment now. It is always about letting go of what doesn't serve you, bringing yourself back into balance and staying present. **It is in the moment that magic happens.**

**The future is bright.** The faster you let go of the past, the quicker the possibilities due you become available.

Wishing you a wonderful weekend,

Joy

**To schedule a session or a 15-minute get-acquainted call, contact Dr. Joy**

[Email](#) or call 800-801-7597

Let's get to know each other, the challenges you face and the solutions I provide. If there's a fit, we can decide together what options are best for you.

### Messages from Heaven

For channeled messages from God, angels and others, [click](#).

### Private Facebook Group



Join us in our private group on Facebook called "Help from Heaven" to discuss heaven on earth, past lives, karma, the subconscious/inner child, angels, God, life, death, etc. The new group app for my iPhone has been great for ease.

Let's connect: <http://www.facebook.com/groups/helpfromheaven>



Click the icon above to connect with me through social media.

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