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Express Success with help from Heaven



Clear Your Past
and Change Your Future

Spiritual Healing & more for Personal and Business

Joyful News - July 17, 2015

Dr. Joy S. Pedersen



Joy S. Pedersen, Founder of Express Success LLC, is a Licensed Spiritual Healer, Certified

Spiritual Health Coach, Certified Law of Attraction Practitioner, ordained minister and Doctor of Divinity as well as a noted business consultant and networker with a celebrated international clientele.

She works closely with individuals and businesses of all sizes to overcome their challenges with money, relationships, career, business, health and well being.

Using both 21st Century technological advances and established, time-honored spiritual techniques, her work includes clearing negative memories, property and karma.

She is a spokesperson for heaven and shares those messages on the Express Success blog. She authored the book [Wisdom of the Guardian: Treasures From Archangel Michael to Change Your Life](#). She was also a contributing author to Big Bold Business. Her chapter addresses how your subconscious is either supporting or sabotaging your success.

Her pro bono work focuses on a global peace and prosperity initiative healing the cause of the imbalances of life to the atrocities affecting all.

The Difference A Day Can Make

Happy Friday, All!

As I mentioned, this 4th of July was my personal independence day. I was guided to completely leave behind the 3rd dimension and stay in the 5th. If you aren't yet familiar with the different dimensions that exist, I will have to elaborate on another time or join me in the group below to discuss more freely.



I'm heading out shortly to go snorkeling and see dolphins. That was one of the benefits of this personal shift. My work has been focused on helping the world no longer suffer by clearing the causal level (the behind the scenes karma). By doing so, however, I made lots of personal sacrifice. It was worth it, but it is now time for me to be free. That doesn't mean I won't be working but I will be working in a new way. But, it will be more in the way I am called to serve you now. In the interim, however, I am still doing private sessions but not sure for how much longer.

What occurred for me this week, I believe, is significant in letting go of operating in the 3rd dimension to serve all.

Since the 4th, I tripled my income, was given a vacation and, as mentioned, this fun adventure today. I went on a 10-day cleanse and lost 5 pounds and 10 inches in 5 days. I must admit the fear of coming out with who I am and make my work public contributed to my eating more than I should and now I can focus on my own health and wellbeing.

I am sharing this with you because it is my personal good news to show what is possible for all in the 5th dimension. The 5th dimension is a vibration without fear and limitation. Life becomes more effortless. I would say other than working hard in my commitment to heal, my life has been relatively effortless for quite some time. It doesn't mean the "to dos" go away. It means the way they are achieved is more effortless.

I love it here and would love for all to join me in this dimension.

And, if you need help experiencing an effortless life, email me (see left) column.

In the interim, while I am enjoying Key West, I wish you a wonderful weekend.

Blessings,

Joy
PS Join me here and we can discuss the issues of life more easily and freely in this closed group.

To schedule a session or a 15-minute get-acquainted call, contact Dr. Joy

[Email](#) or call 800-801-7597

Let's get to know each other, the challenges you face and the solutions I provide. If there's a fit, we can decide together what options are best for you.

Messages from Heaven

For channeled messages from God, angels and others, [click](#).

New Private Facebook Group Forming



I'm trying something new. I created a private group on Facebook called "Help from Heaven" to discuss all the subjects I'm involved with in my work: heaven and my heavenly colleagues, heaven on earth, past lives, karma, the subconscious/inner child, angels, God, life, death, etc. I don't find I have enough time to answer all the questions I receive so I am starting with this group and seeing how that might work out. The new group app for my iPhone has been great. If you'd like to join me there to ask questions, just follow and/or engage in the conversation, feel free to go to:

<http://www.facebook.com/groups/helpfromheaven>



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