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**Express Success LLC**

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# Express Success with help from Heaven



Clear Your Past  
and Change Your Future

Spiritual Healing & more for Personal and Business

## Change

### Dr. Joy S. Pedersen



Joy S. Pedersen, CEO and Founder of Express Success LLC, is a Licensed Spiritual Healer, Certified Spiritual Health

Coach, Certified Law of Attraction Practitioner, ordained minister and Doctor of Divinity as well as a noted business consultant and networker with a celebrated international clientele. She works closely with individuals and businesses of all sizes to overcome their challenges with money, relationships, career, business, health and well being. Using both 21st Century technological advances and established, time-honored spiritual techniques, her work includes clearing negative memories, property and karma.

She is an angelic channel who shares messages on her blog at [Angel Enlightenment](#) and authored the book [Wisdom of the Guardian: Treasures From Archangel Michael to Change Your Life](#). She is also a contributing author to [Big Bold Business](#). Her chapter addresses how your subconscious is either supporting or sabotaging your success.

### Archangel Gabriel on Change



*The world is about to change. Are you ready? Much change has already occurred behind the scenes. Have you noticed? Most - unlikely.*

*What I say to you, I now say to you with great reverence - all of you here at this time have chosen to be here - to see the light of day.*

*This earth has ascended. How about you?*

*Many on this planet are experiencing and are very much a part of the ascension process. It is a long, arduous process for some. For others, it is an effortless jump forward, or upward, if you will.*

*It isn't an easy feat - ascending. Ascension comes when you are ready to evolve. You can't evolve unless you are ready to let go of the past. The past is what holds you back overall. By letting go of the past, you evolve quicker and easier.*

*Many of you are stuck in the old and outmoded. Shame on you! Joy cannot believe I am using that word, shame, when addressing you but let me explain. The shame is when you hold onto the past. It keeps you there - in the past. It holds you back, keeps you stuck and prevents what is possible in the present - now - from emerging effortlessly in your life. The shame is that you are allowing yourself to remain in the past missing out on the possibilities for your future. I am not judging you. It is a choice you are making and you have free will to do so. But it is a shame when you see from where I sit, what is truly possible for you when you truly let go.*

Archangel Gabriel

As an aside, it's been a couple of years since I've channeled Gabriel. I remember when we initially started to connect. I had to have my vibration recalibrated to be able to receive her words.

I have wanted to get an overdue communication to you and was frustrated because I

Her pro bono work focuses on a global peace and prosperity initiative healing the cause of the imbalances to atrocities of life affecting all.

## Free Tele-seminar

Join us for our next free tele-seminar on ascended masters and learn how they are here to help you and do.

I am guided as to what subject to share and look forward to learning what they wish me to convey to you

Tuesday, July 15, 2014  
8:00 EST

[Click here for event details.](#)

## Holistic Chamber

[Click here for information](#)

have been working on so many projects, including starting a Holistic Chamber of Commerce here in Lakeland, that I haven't had adequate time. My healing and coaching practice takes priority in general before communicating to you. And time seems to slip away too quickly.

As it is also my job, however, to communicate messages from my heavenly colleagues, I asked for help this morning to write whatever it is they want conveyed to you. That is when the above message came. I was then drawn to a book to also include information about Gabriel that seems fitting to the conversation.

Archangel Gabriel is known as the messenger. Besides sharing messages (she was the angel who foretold the births of Jesus and John the Baptist to their respective mothers), she also helps those who have roles of being messengers. A quote from the book, *Archangels and Ascended Masters* by Doreen Virtue, PhD, "The archangel also acts as a coach, inspiring and motivating artists and communicators, and helping them to overcome fear and procrastination."

It's obvious to me when I asked for input on this newsletter, why she stepped forward. Thank you, Gabriel. Feel free to help with all upcoming communications so I become less inconsistent.

Blessings,

Dr. Joy



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