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**Express Success LLC**



# Express Success with help from Heaven



EXPRESS SUCCESS

Clear Your Past  
and Change Your Future

Spiritual Healing & more for Personal and Business

## News from Heaven - October 31, 2014

### Dr. Joy S. Pedersen



Joy S. Pedersen, Founder of Express Success LLC, is a Licensed Spiritual Healer, Certified

Spiritual Health Coach, Certified Law of Attraction Practitioner, ordained minister and Doctor of Divinity as well as a noted business consultant and networker with a celebrated international clientele.

She works closely with individuals and businesses of all sizes to overcome their challenges with money, relationships, career, business, health and well being.

Using both 21st Century technological advances and established, time-honored spiritual techniques, her work includes clearing negative memories, property and karma.

She is an angelic channel who shares messages on her Angel Enlightenment blog, which are now included within the Express Success blog and authored the book [Wisdom of the Guardian: Treasures From Archangel Michael to Change Your Life](#). She was also

### Are You Awake?



a contributing author to Big Bold Business. Her chapter addresses how your subconscious is either supporting or sabotaging your success.

Her pro bono work focuses on a global peace and prosperity initiative healing the cause of the imbalances of life to the atrocities affecting all.

## Get Acquainted

Feel free to reach out for a 15 minute "get-acquainted" call. I know some of you well and some not at all. I'd like to get to know you if I don't already and if I haven't spoken to you in awhile, let's catch up. Reach out to [info@expresssuccess.net](mailto:info@expresssuccess.net) to schedule that time and let's chat.

Please put "get acquainted" in subject line or drop a line if you have a question or want to catch up.

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# 12 Symptoms of a Spiritual Awakening

1. An increased tendency to let things happen rather than make them happen.
2. Frequent attacks of smiling.
3. Feelings of being connected with others and nature.
4. Frequent overwhelming episodes of appreciation.
5. A tendency to think and act spontaneously rather than from fears based on past experience.
6. An unmistakable ability to enjoy each moment.
7. A loss of ability to worry.
8. A loss of interest in conflict.
9. A loss of interest in interpreting the actions of others.
10. A loss of interest in judging others.
11. A loss of interest in judging self.
12. Gaining the ability to love without expecting anything in return.

A friend shared this on Facebook yesterday and thought it worth sharing here to elaborate.

The world has made many shifts. We are moving from third dimension to the fifth as a whole. The items listed are typical experiences of what it is like to be in the fifth dimension. You can be in the fifth dimension and others in the world can simultaneously experience the third. One of the biggest demonstrations of being in the fifth is that you don't experience fear. Fear can be experienced in the third and fourth dimensions but by the time you reach the fifth, you no longer experience it. To get to the fifth, you must also let go of fear or you won't be able to reach it or sustain your presence there.

I know that isn't always easy. From my years of clearing my own fear, it can run deep and be insidious based on numerous negative memories from this life and others. Fear also comes from the ancestral programming you carry through your DNA.

Life can be easy. You can live in flow and all your needs can be met relatively effortlessly in comparison to the third dimension experience.

Having experienced the third dimension most of my life, I can tell you living in the fifth is worth the effort it takes to get there. Release all fear, limiting beliefs and programming that prevent you from living in effortless flow with all your needs met. You'll be glad you did!

Loving life,

Joy



Click the icon above to connect with me through social media.

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