

[View as Web Page](#)

[Subscribe](#)

[Send to a Friend](#)

[Preferences](#)

[Express Success LLC](#)

f Share + SHARE f t e ...

Express Success with help from Heaven



Clear Your Past
and Change Your Future

Spiritual Healing & more for Personal and Business

Joyful News - May 29, 2015

Dr. Joy S. Pedersen



Joy S. Pedersen, Founder of Express Success LLC, is a Licensed Spiritual Healer, Certified

Spiritual Health Coach, Certified Law of Attraction Practitioner, ordained minister and Doctor of Divinity as well as a noted business consultant and networker with a celebrated international clientele.

She works closely with individuals and businesses of all sizes to overcome their challenges with money, relationships, career, business, health and well being.

Working by phone using intuitive gifts, as well as established, time-honored spiritual techniques, her work includes clearing negative memories, limiting beliefs, property and karma to achieve more effortless success.

She is a spokesperson for heaven and shares those messages on the Express Success blog. She authored the book [Wisdom of the Guardian: Treasures From Archangel Michael to Change Your Life](#). She was also a contributing author to Big Bold Business. Her chapter addresses how your subconscious is either supporting or sabotaging your success.

Her pro bono work focuses on a global peace and prosperity initiative healing the cause of the imbalances of life to the atrocities affecting all.

Does Your Subconscious Support You?

**To schedule a session
or a 15-minute get-
acquainted call,
contact Dr. Joy**

[Email](#) or call 800-801-7597

Let's get to know each other, the challenges you face and the solutions I provide. If there's a fit, we can decide together what options are best for you. If there's not a fit, we've shared some time exploring and getting to know each other.

**Messages from
Heaven**

For channeled messages from God, angels and others, [click](#).

Your subconscious (also referred to as your inner child) is one of the most significant keys to your success. He or she, depending on your gender, is the part of you that is your memory bank and computer. It is the part of you that manifests. Without agreement and congruence between your conscious and subconscious minds, you don't easily manifest what you desire or succeed at what you endeavor.

If you want to achieve something but your subconscious has guilt, limited beliefs, doubts or fears, it may block your abilities to receive or follow through on what is necessary for success.

It isn't always easy, however, to know what may be blocking the results you desire. What is often the case, is that you have buried a negative memory that demonstrates a certain result but you are not consciously aware of why you are programmed to experience the outcome you realize.

The subconscious projects into the world what it believes to be true. It protects you from repeating harmful and negative experiences. Unfortunately, those experiences aren't necessarily going to repeat themselves. However, the belief they may have can sabotage the results you prefer. It will project those beliefs into your future.

The gift of being able to connect with someone's subconscious to determine what the beliefs are that are limiting the outcomes is useful. That way, we can use spiritual healing to clear the cause of the negative memory, emotion or belief that may limit the outcome.

What you consciously believe to be true and what your subconscious believes to be true can be markedly different. The subconscious mind includes ancestral programming and will see things from the past.

I am going to give you a couple of examples relating to the Civil War. If you were on opposite sides of the war, and you meet someone today, you may not get along but not know why. I have identified people who have faced others in the war and when you clear that previous memory, those people see each other as they are today. Without clearing the past, their respective subconscious minds will remember each other out of the past life experience they shared.

This is useful to clear if you are hoping to connect with someone. If their subconscious mind sees you as the enemy, they may not like you and you have no idea why you can't connect with them. You may be trying to sell them something and they may even need what you offer but won't buy from you. They may not even know why they are blocked on purchasing from you. There is a part of them that may be frightened, or not trust you while consciously they can't figure out why because you may appear ok, honest, and knowledgeable. When you clear the past, they see you as you are today rather than out of the past memories of you.

Another case was a clearing I did of a company prior to a meeting for a client. I saw that the company was built on a Civil War battle ground. The problem the company was experiencing was that the employees basically got along but couldn't see eye to eye on certain things. Their subconscious minds picked up the energies remaining of the Civil War where there was a battle of ideals. In a case like this, when you clear the energies and memories of land, the people coming in touch with that land will no longer pick up the memories and energies of the past. We are always influenced by the energies of others. We are not always consciously aware of that but our subconscious has that awareness.

The subconscious is the part of you that manifests. So, it is the beliefs and memories of the subconscious that gets you the results you experience. Unless you work with the subconscious to release the blocks and barriers it has within to what you prefer to realize, you will often be spinning your wheels not getting what you want.

- Have you ever done all the right things, but not gotten the results you preferred?
- Have you worked and willed your way to success, but only ended up losing what you gained?
- Have you achieved what you wanted but not felt satisfied with the results?

These are all examples of subconscious incongruence. By identifying what is within the subconscious and releasing what no longer serves you, you can achieve more effortless success.

Wishing you have a wonderful weekend.

Joy



Click the icon above to connect with me through social media.

