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### Joyful News - December 26, 2018



As mentioned, 12 is the number of spiritual completion and this coming December 31 at 12 midnight will be ending this year of 2018. 2018 was a major year of transition. Many have been going through trials, tribulations and transitions.

It has been the time to let go of the past to allow more light and opportunity to come forth more effortlessly.

If you are holding onto grudges, grievances of any kind, hatred, anger, judgment, unforgiveness, fear or limiting beliefs, this is the time to let them go so you can soar. Those negative emotions and limiting beliefs contribute to a lower vibration attracting less than optimal results.

This is a conducive time to let them go. Don't bring them into the new year with you to taint your potential outcomes for 2019. Much of the challenges evidenced in others is a demonstration of their unhealed past triggered. Most don't realize it is old energies needing to be released. It is the time to purify the body, mind *and* spirit. Set the stage for more optimal results.

The energies of 2019 are predicted to help your life blossom with more ease. Don't fight the current by bringing forth your baggage from the past, 2018 and before.

If you have a challenge to let go, join us on our [monthly group clearing call](#) and clear 2018 to help you release it all to elevate 2019. We will also be clearing 2019 to help set the stage as well.

When seizing new beginnings, you have a renewed positive attitude looking forward to the possibilities that starting over can provide. Your attitude is key. Each day is a new beginning. Each moment is a new beginning. The opportunity is only colored and diminished when you bring the negative past into it. You have a new year to jump start the possibilities that await so let go of the past.

Celebrate out with the old and in with the new with new vigor this new year's eve. Take responsibility for the outcome for the new year. Forgive self and others for everything and everything and REALLY open up 2019 to increased possibility.

May your year be blessed, free, and abundant truly experiencing Heaven on Earth. Happy New Year!

Much love,

Joy

#### ONLINE

**Harness Your Power Within: Gaining Clarity in Consciousness for More Effortless Success**

**Based on requests, we will do an encore of this workshop online.**

#### TELEPHONE EVENTS

**Group Healing Calls**

**January 5, 2019, 11:11 AM EST** - Group Clearing Call - We will include the usual personal and global topics to clear as well as clear the challenges from 2018. Then we will clear the future to elevate 2019 outcomes. And, whatever God teaches and adds. [Click here for more information and to register.](#)



Joy S. Pedersen, CEO and Founder of Express Success LLC, is a Doctor of Divinity, Licensed Spiritual Healer, Certified Spiritual Health Coach, Certified Law of Attraction Practitioner, Non-denomination ordained minister and a #1 International Best-selling author. She is also a noted business consultant and networker with a celebrated international clientele.

She works closely with individuals and businesses of all sizes to overcome their challenges with money, relationships, career, business, health and well being. Her work includes clearing negative memories, emotions, limited beliefs, property, travel, karma, curses and darkness as well as clearing the future.

Her pro bono work focuses on a global peace and prosperity initiative healing the cause of the imbalances to atrocities.

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